

# ONLINE TEACHER TRAINING CALENDAR

June–July 2020



## Pilates Mat Certification

–with Kristen Carrington, [Register online here](#)

Part 1: Jul 8–10, Part 2: Jul 13–15, Part 3: Jul 18–20

Part 4: Jul 23–25, Part 5: Jul 28–29 | Times: 10am–3pm

Supervised Teaching sessions in Toronto: 2 x 2-hour. Dates/times TBA

## Continuing Education Courses

### Foot and Ankle: The Body's Spring System

Jun 5, 10am–3pm EST: [Register online here](#)

Clarissa Pena live from Toronto, Canada

### Core Integrity

Jun 5–6, 10am–3pm WITA: [Register via email here](#)

Sook Chen live from Bali, Indonesia

### Resistance Apparatus

Jun 6, Sat, 9am–3pm BST: [Register via email here](#)

Camilla Pasetto live from London, United Kingdom

### Balance Apparatus

Jun 7, Sun, 9am–3pm BST: [Register via email here](#)

Camilla Pasetto in London, United Kingdom

### Pain 101

Jun 8, Mon, 6:30–8:30pm EST: [Register online here](#)

Elizabeth Crawford in Toronto, Canada

### Breathing Mechanics and Protocols

Jun 12–13, Fri–Sat, 11am–2pm EST: [Register online here](#)

Margot McKinnon live from Toronto, Canada

### Self-Care Strategies for Jaw Pain

Jun 12, Fri, 1:30–3:30pm EST: [Register online here](#)

Elizabeth Crawford live from Toronto, Canada

### Building a Strong and Supple Spine

Jun 12, Fri, 3–6pm WITA: [Register via email here](#)

Sook Chen live from Bali, Indonesia

### Resistance Apparatus

Jun 13, Sat, 9am–3pm CEST: [Register via email here](#)

Camilla Pasetto live from Brescia, Italy

### Power and Balance for Hip and Knee

Jun 13, Sat, 3–6pm WITA: [Register via email here](#)

Sook Chen live from Bali, Indonesia

### Balance Apparatus

Jun 14, Sun, 9am–3pm CEST: [Register via email here](#)

Camilla Pasetto live from Brescia, Italy

### Simplifying the Shoulder Complex

Jun 14, 3–6pm WITA: [Register via email here](#)

Sook Chen live from Bali, Indonesia

### Osteopenia, Osteoporosis & Orthopaedic Health

Jun 17, Wed, 5–9pm EST: [Register online here](#)

Clarissa Pena live from Toronto, Canada

### Vertical Repertoire

Jun 19–20, 10am–3pm EST: [Register online here](#)

Deena Osborne live from Toronto, Canada

### Foot and Ankle: The Body's Spring System

Jun 19, Fri, 3–9pm WITA: [Register via email here](#)

Sook Chen live from Bali, Indonesia

### Breathing Mechanics and Protocols

Jun 20, Sat, 3–9pm WITA: [Register via email here](#)

Sook Chen live from Bali, Indonesia

### Gait Analysis

Jun 21, Sun, 3–9pm WITA: [Register via email here](#)

Sook Chen in Bali, Indonesia

### Ultimate Mat

Jun 26, Fri, 11am–3pm EST: [Register online here](#)

Margot McKinnon live from Toronto, Canada

### Unlock the Mighty and Mysterious Psoas

Jun 26, Fri, 3–9pm WITA: [Register via email here](#)

Sook Chen live from Bali, Indonesia

### SI Joint: The Critical, Functional Link

Jun 27, Sat, 3–9pm WITA: [Register via email here](#)

Sook Chen live from Bali, Indonesia

### Rotator Cuff Conditioning

Jul 3, Fri, 3–6pm WITA: [Register via email here](#)

Sook Chen live from Bali, Indonesia

### Cervical Spine Mechanics and Protocols

Jul 4, Sat, 3–6pm WITA: [Register via email here](#)

Sook Chen live from Bali, Indonesia

### Upper Cervical Spine

Jul 5, Sun, 3–6pm WITA: [Register via email here](#)

Sook Chen live from Bali, Indonesia

### Post-Rehab Protocols: Hip and Knee

Jul 4–5, Sat–Sun, 9am–3pm BST: [Register via email here](#)

Camilla Pasetto live from London, United Kingdom

### Movement and Exercise for Inflammatory and Autoimmune Diseases

Jul 10, Fri, 3–8pm EST: [Register online here](#)

Caitlin Bovee live from Toronto, Canada

### Arthritis: The Modern Epidemic

Jul 11, Sat, 1–6pm EST: [Register online here](#)

Danielle Dodham-Wright live from Toronto, Canada

### Postural Analysis

Jul 11–12, Sat–Sun, 9am–3pm CEST: [Register via email here](#)

Camilla Pasetto live from Brescia, Italy

### Essentials of Client Care

Jul 17, Fri, 4–8pm EST: [Register online here](#)

Margot McKinnon live from Toronto, Canada

### Cervical Spine Mechanics and Protocols

Jul 18, Sat, 1–5pm EST: [Register online here](#)

Clarissa Pena live from Toronto, Canada

### Postural Analysis

Jul 18–19, Sat–Sun, 9am–3pm BST: [Register via email here](#)

Camilla Pasetto live from London, United Kingdom

### Handedness and Scoliosis

Jul 24, Fri, 1–6pm EST: [Register online here](#)

Clarissa Pena live from Toronto, Canada

### Strength, Balance & Fall Prevention for Seniors

Jul 25, Sat, 1–6pm EST: [Register online here](#)

Margot McKinnon live from Toronto, Canada

### Post-Rehab Protocols: Hip and Knee

Jul 25–26, Sat–Sun, 9am–3pm CEST: [Register via email here](#)

Camilla Pasetto live from Brescia, Italy

## PLEASE NOTE

Times are listed according to location: BST: British Summer Time | CEST: Central European Summer Time | EST: Eastern Summer Time | WITA: Central Indonesian Time

Tuitions and taxes vary according to location and are paid in local currency.